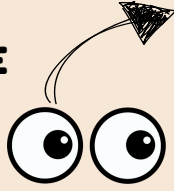


# OCTOBER 2024

## NEWS

DONT MISS THE CHANCE  
TO SIGN UP FOR OUR  
CLASSES; SPOTS ARE  
FILLING FAST!



### WHAT IS PARKOUR?

Moving swiftly and efficiently  
through an environment by  
using the body to overcome  
obstacles.

### TUMBLE & TREAT

OCTOBER 31ST  
5:30-6:30PM

10\$ ENTRY  
FEE

\$5 OFF IF YOU WEAR  
A COSTUME!



CLASSES WILL BE CLOSED FOR HALLOWEEN  
10/31